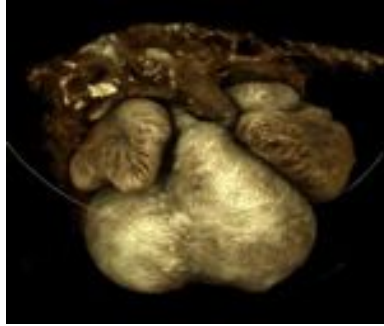
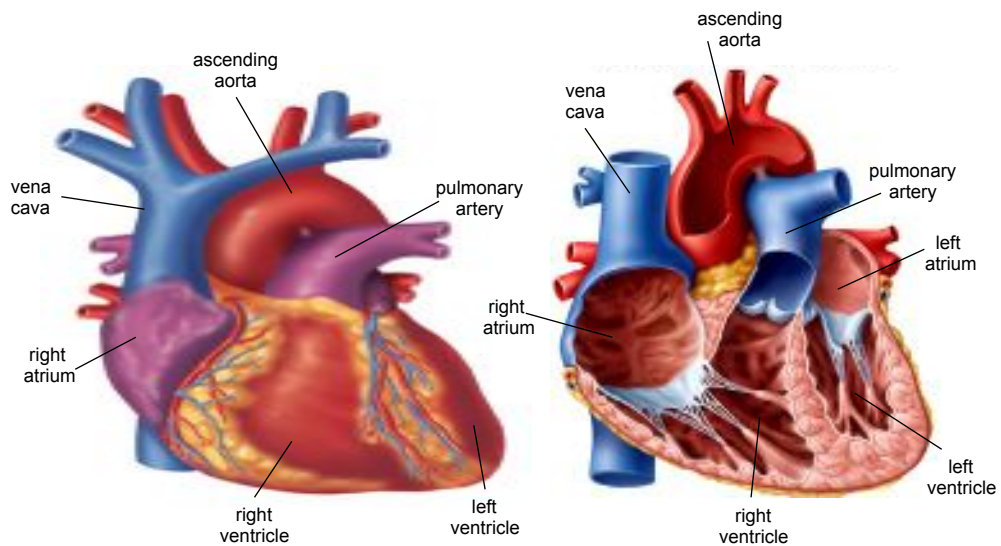


## Heart Development and Congenital Heart Disease



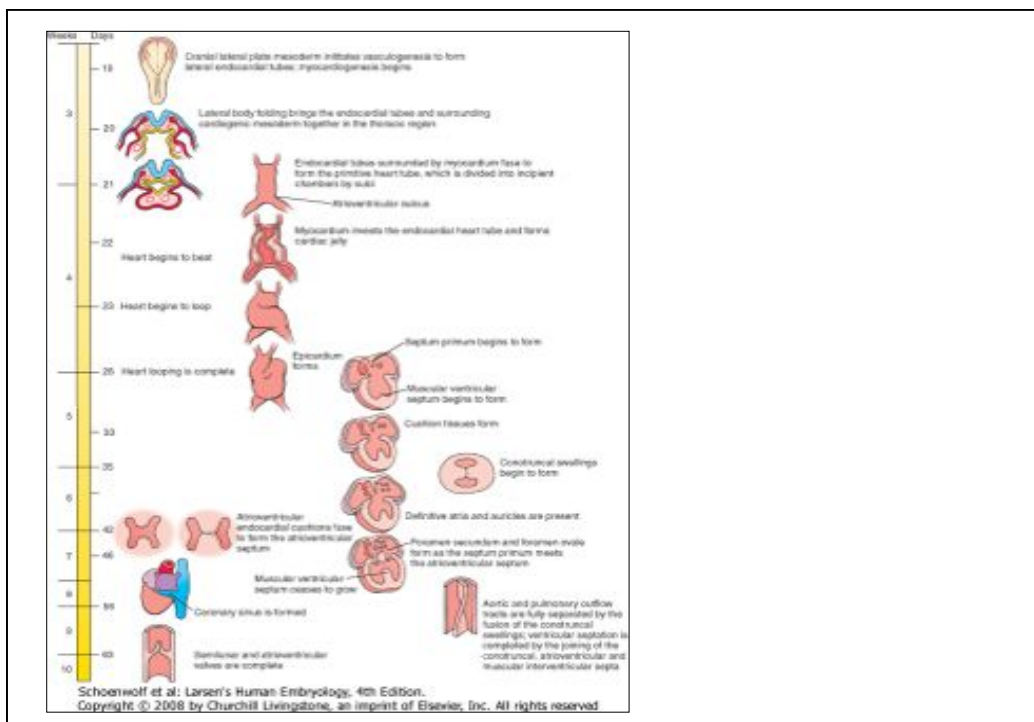
Sally Dunwoodie  
s.dunwoodie@victorchang.edu.au  
Developmental and Stem Cell Biology Division  
Victor Chang Cardiac Research Institute  
Faculty of Medicine, UNSW

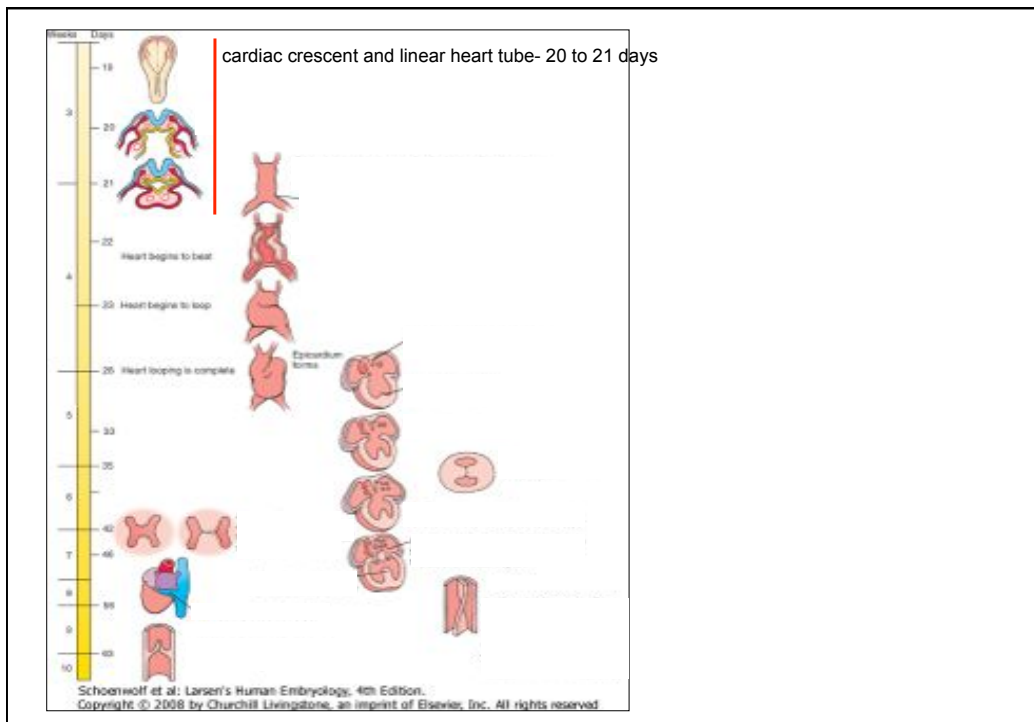
### four chambered heart



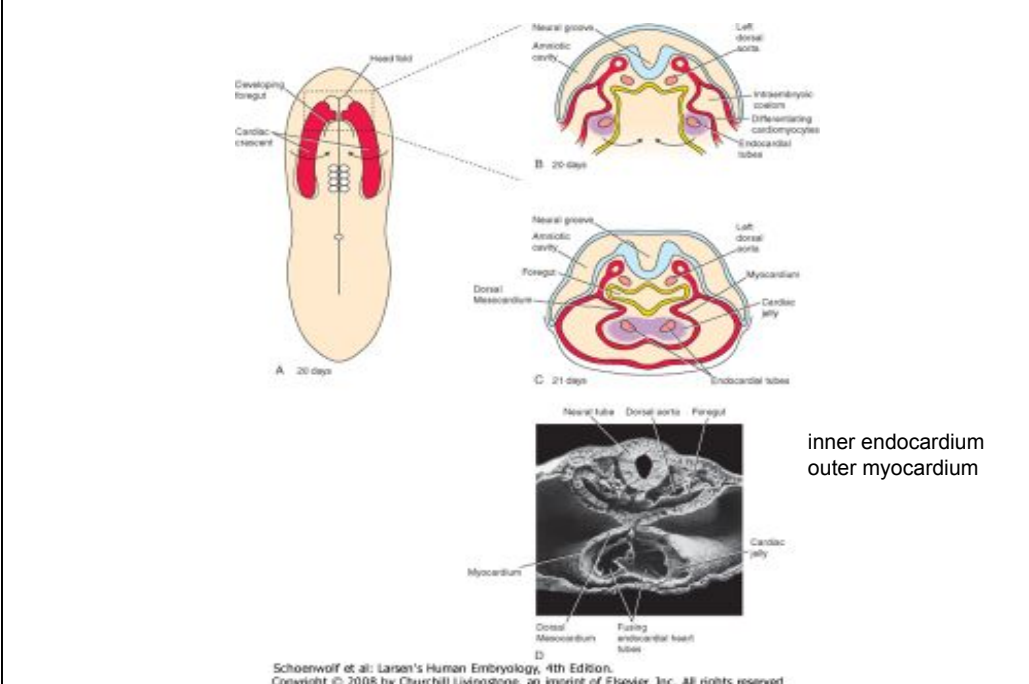
## Lecture objectives

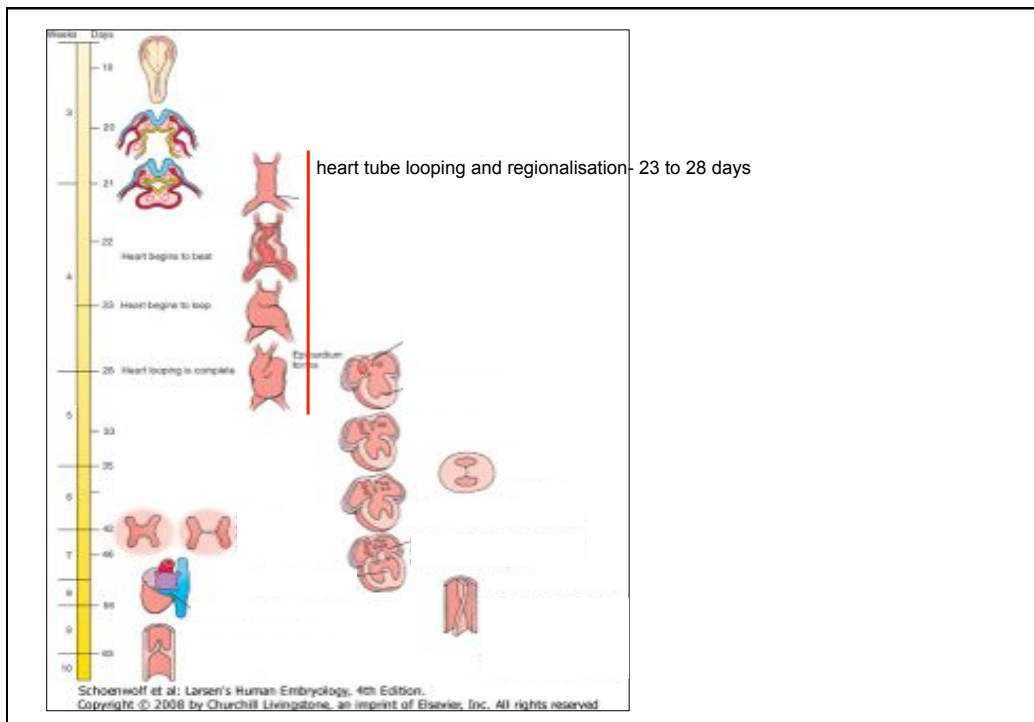
- ♥ Describe how the first and second heart fields contribute to the heart
- ♥ Explain how endocardial cushion formation contributes to chamber formation
- ♥ Describe the development of primary and secondary atrial septa and the ventricular septum
- ♥ Compare prenatal and postnatal blood flow and the changes that occur at birth
- ♥ Explain the changes occurring in the outflow tract as it transforms from a single to a double tube
- ♥ Describe the major cardiovascular developmental abnormalities.



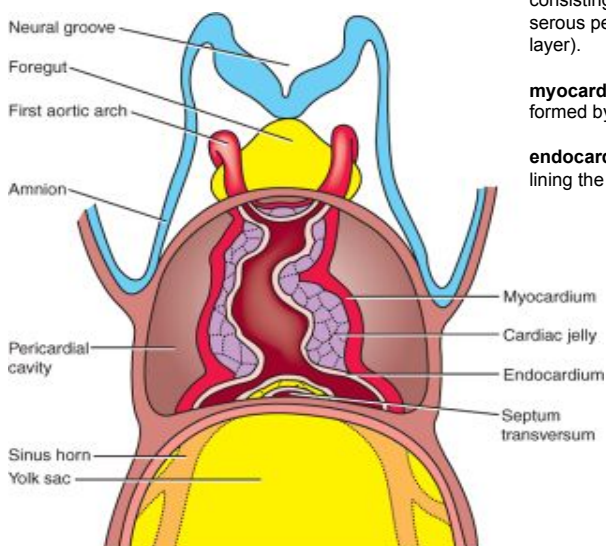


**cardiac crescent and linear heart tube**





**linear heart tube and layers of heart**



**pericardium** - covers the heart, formed by 3 layers consisting of a fibrous pericardium and a double layered serous pericardium (parietal layer and visceral epicardium layer).

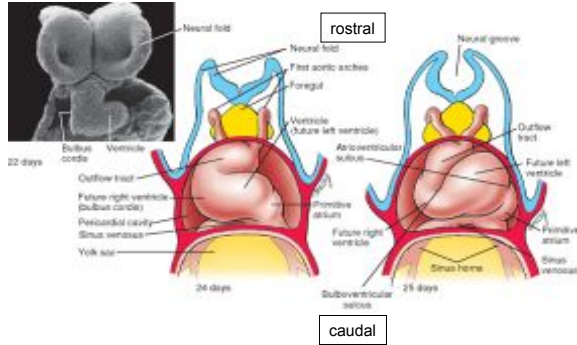
**myocardium** - muscular wall of the heart, thickest layer formed by spirally arranged cardiac muscle cells.

**endocardium** - lines the heart, epithelial (endothelial) tissue lining the inner surface of heart chambers and valves.

22 days

Schoenwolf et al: Larsen's Human Embryology, 4th Edition. Copyright © 2008 by Churchill Livingstone, an imprint of Elsevier, Inc. All rights reserved.

## heart tube looping and regionalisation



Constrictions (sulci) and expansions form over 5 weeks as tubular heart lengthens. Expansions contribute to the chambers.

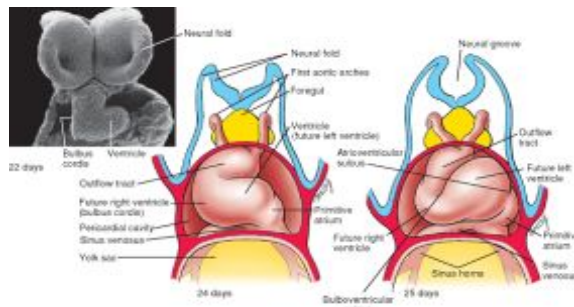
*rostral*  
 outflow tract  
 bulbus cordis  
 primitive ventricle  
 primitive atrium  
 sinus venosus  
 cardinal veins  
 blood inflow  
*caudal*

→ *rostral*  
 conus & truncus arteriosus  
 right ventricle  
 left ventricle  
 right & left atrium  
 sinus venosus  
 cardinal veins  
 blood inflow  
*caudal*

*rostral*  
 truncus arteriosus  
 -split into ascending aorta & pulmonary artery  
 conus arteriosus  
 -incorporated into ventricle

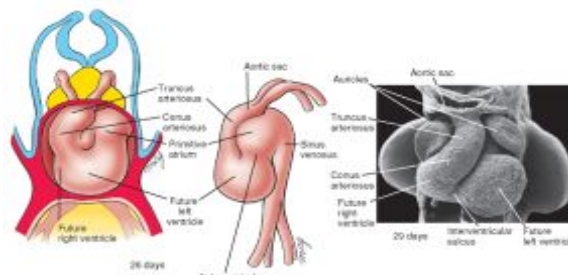
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## heart tube looping and regionalisation



truncus arteriosus  
 -split into ascending aorta & pulmonary artery

conus arteriosus  
 -incorporated into ventricle

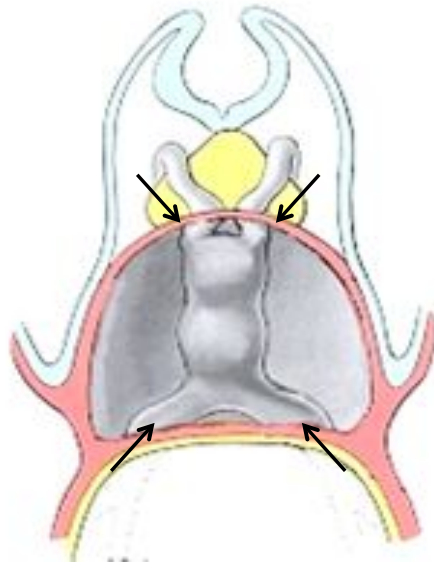


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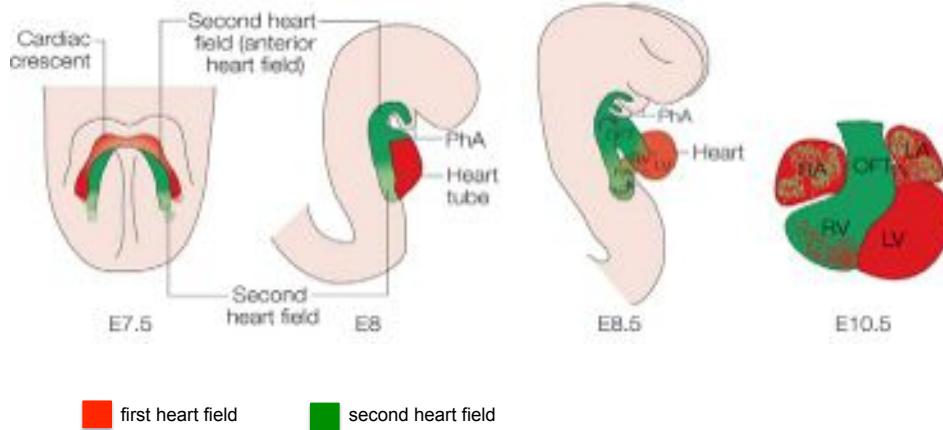
**first and second heart fields- cardiac progenitor populations**

first heart field (primary)  
= linear heart tube

second heart field (secondary)  
= dorsal to heart tube →



**first and second heart fields**

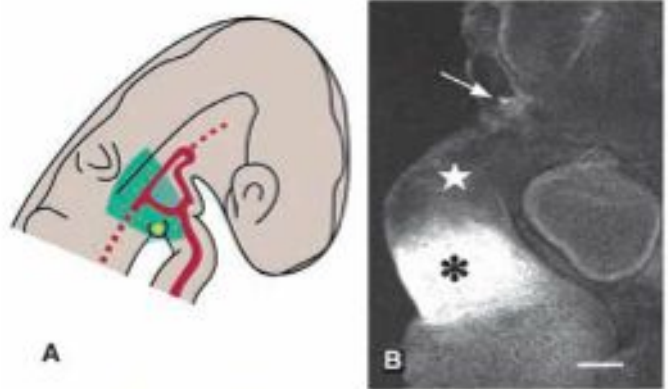


**How was this worked out?**

Buckingham et al (2005) Nat Rev Genet

**first and second heart fields**

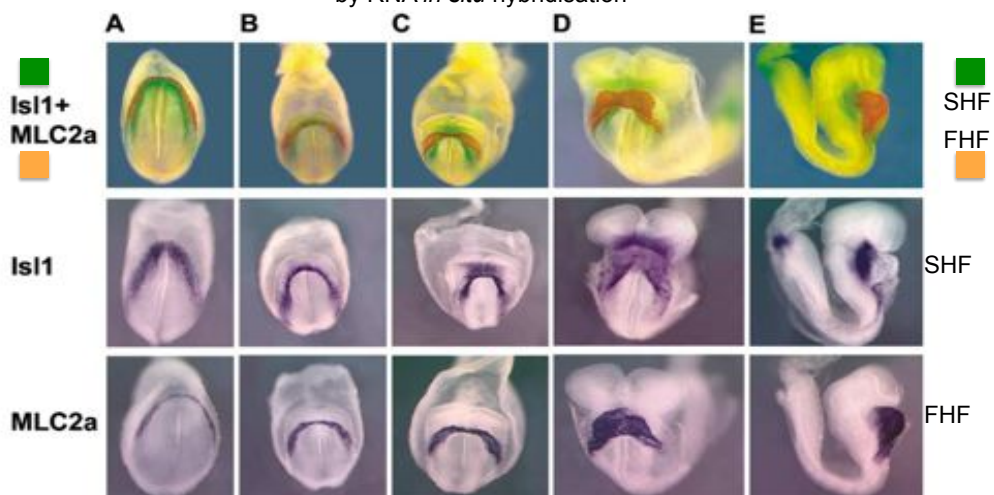
label cells with lipophilic dye  
 culture embryo  
 see where these labelled cells and their progeny end up



Waldo et al Dev 2001

**first and second heart fields**

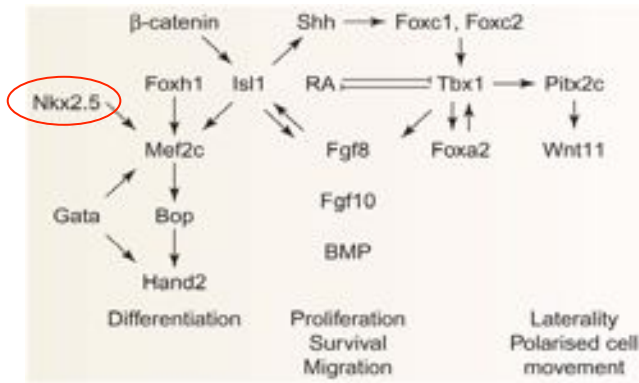
examine transcript localisation  
 by RNA *in situ* hybridisation



Cai et al Dev Cell 2003



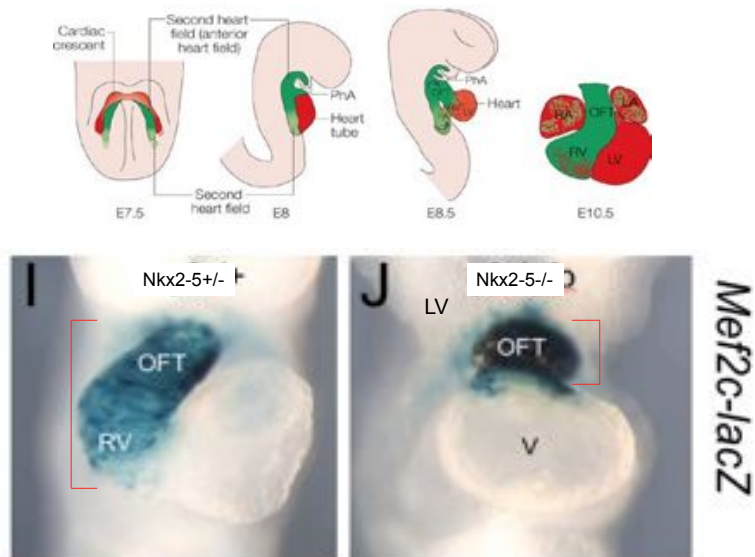
**second heart field**



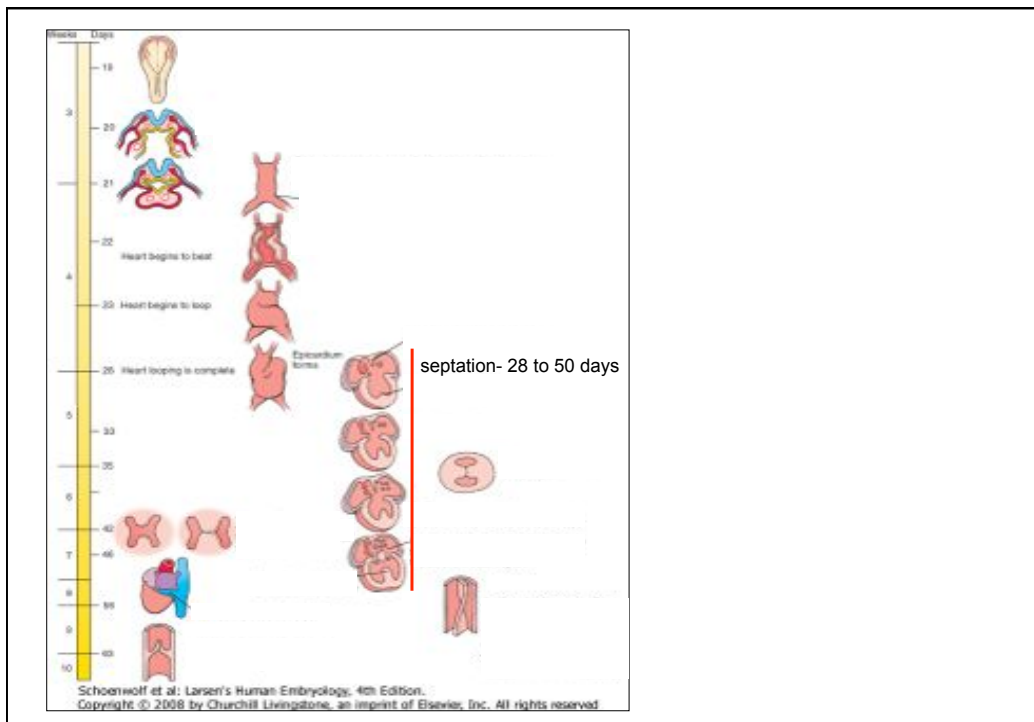
growth factor=  
Fgf8  
Fgf10  
BMP  
Wnt11  
Shh

transcription factors

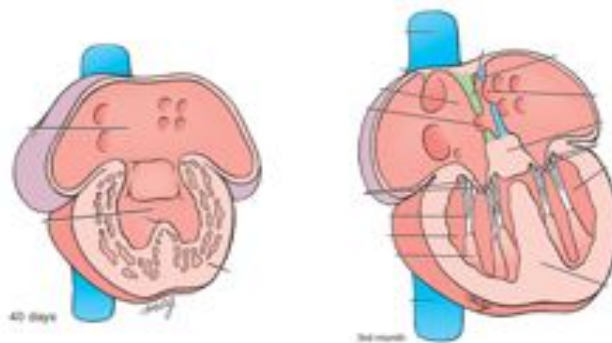
**Nkx2-5 required for deployment of second heart field**





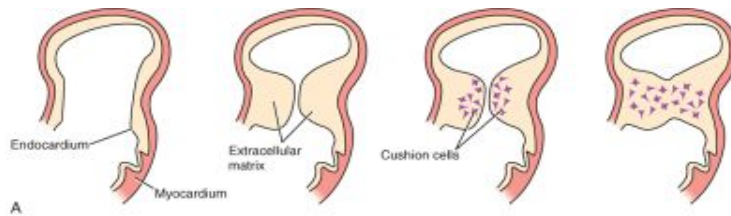


## septation



- Septation is necessary to separate the systemic and pulmonary circulations
- Partial separation of definitive atria, ventricles and division of the atrioventricular canal into right and left canals
- Endocardial cushions and muscular septum

**septation- endocardial cushion**

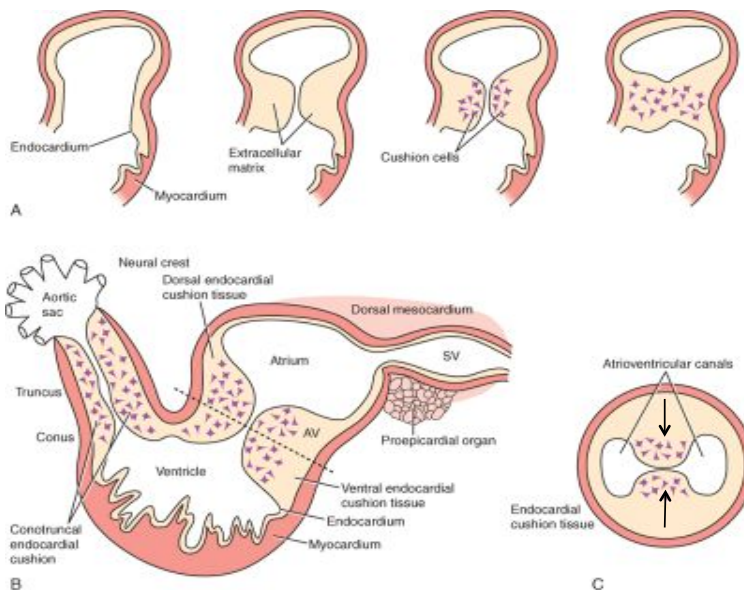


**Endocardial Cushions**

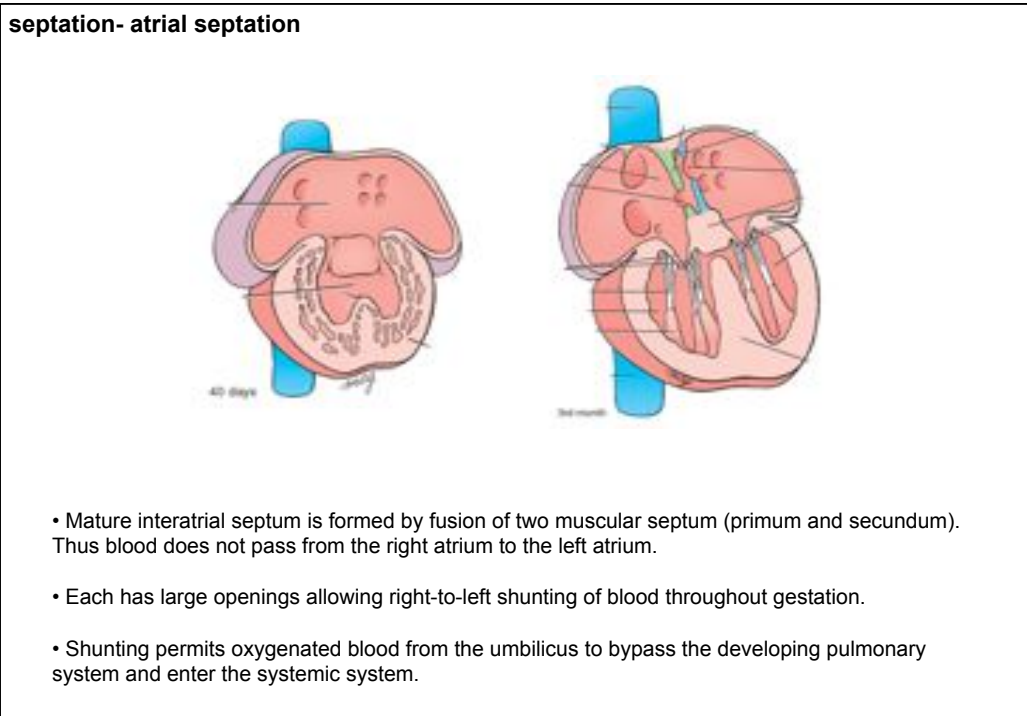
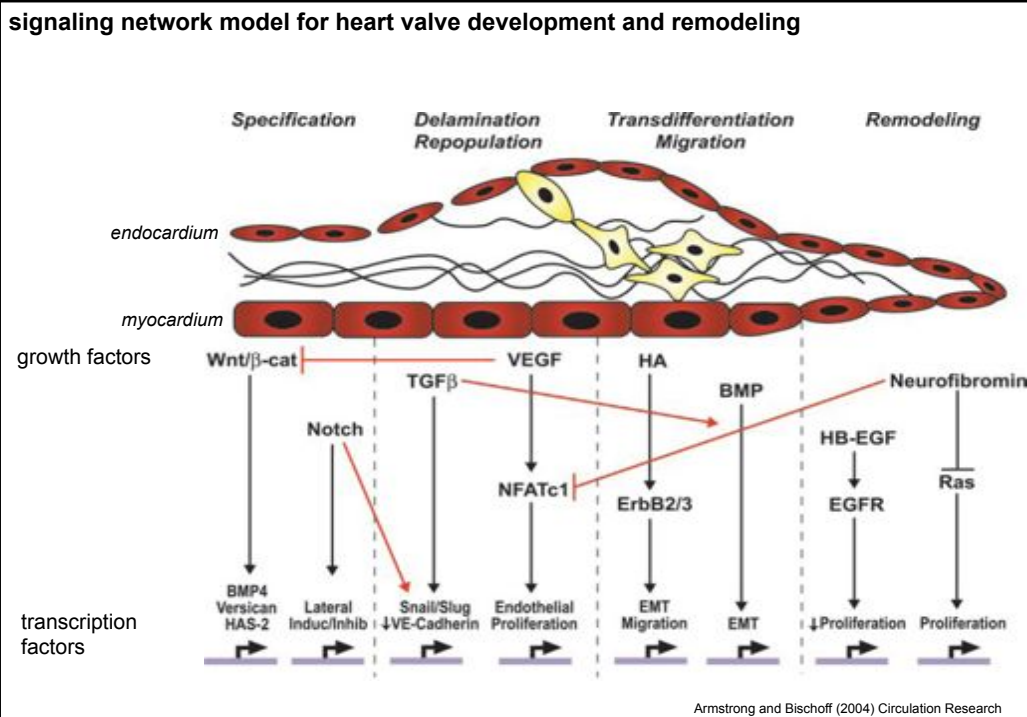
- form initial division of atria and ventricles
- form on dorsal and ventral wall of atrioventricular canals
- grow into canal - meet and fuse to separate atrioventricular canal into right and left channels
- anterior and posterior cushions fuse; lateral cushions remain unfused

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**septation- endocardial cushion**



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**septation- atrial septation**

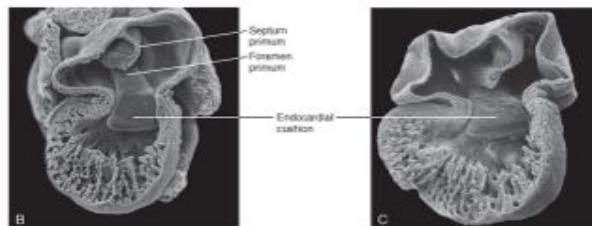
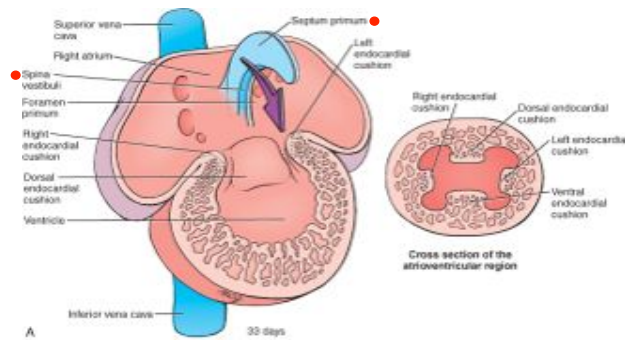
poor understanding of genes required for atrial septation

right left

- septum primum
- septum secundum

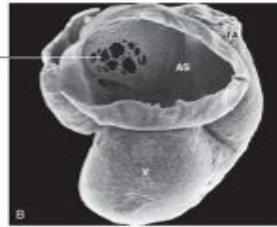
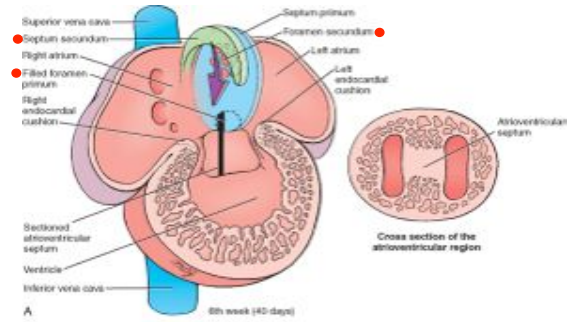


**septation- atrial septation**



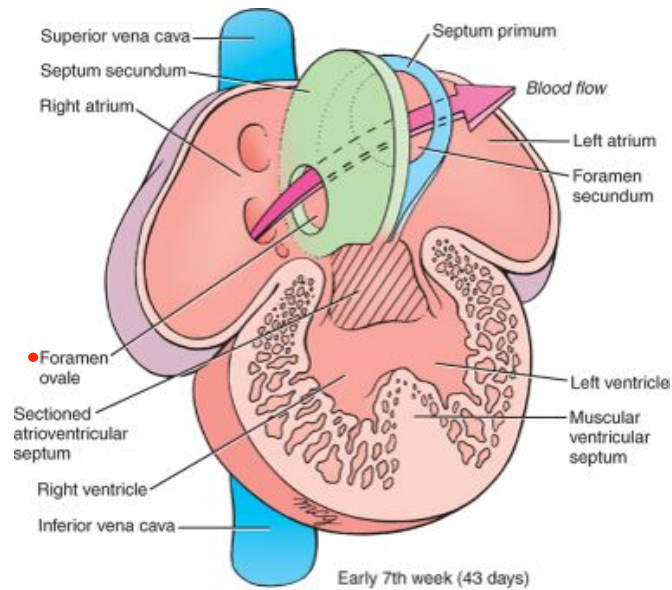
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**septation- atrial septation**

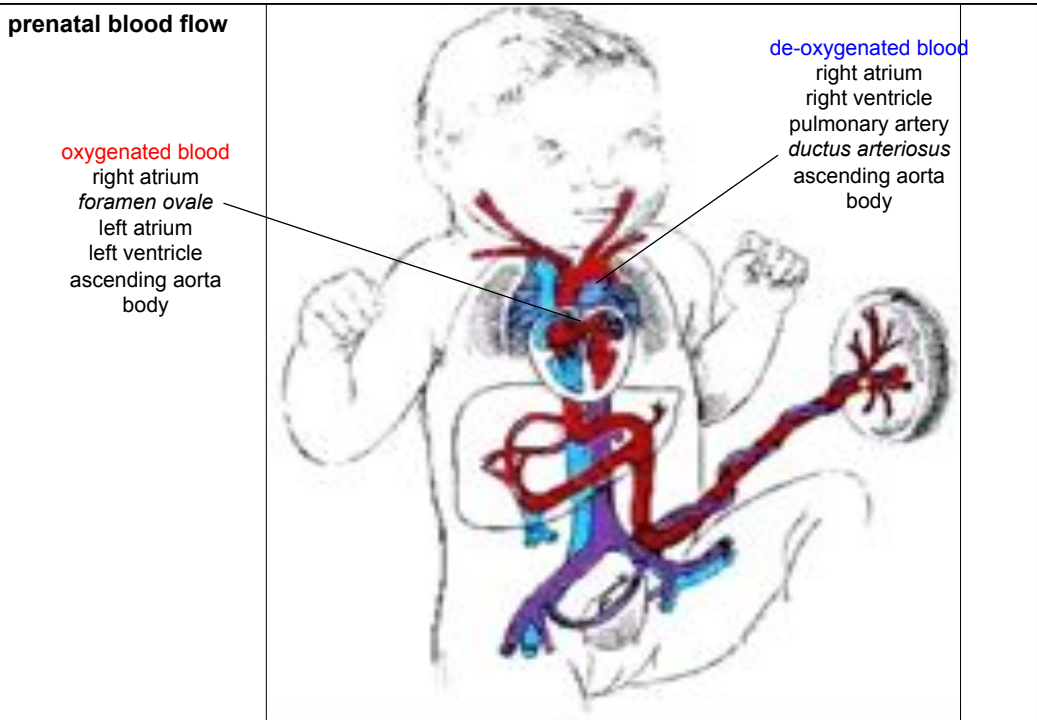
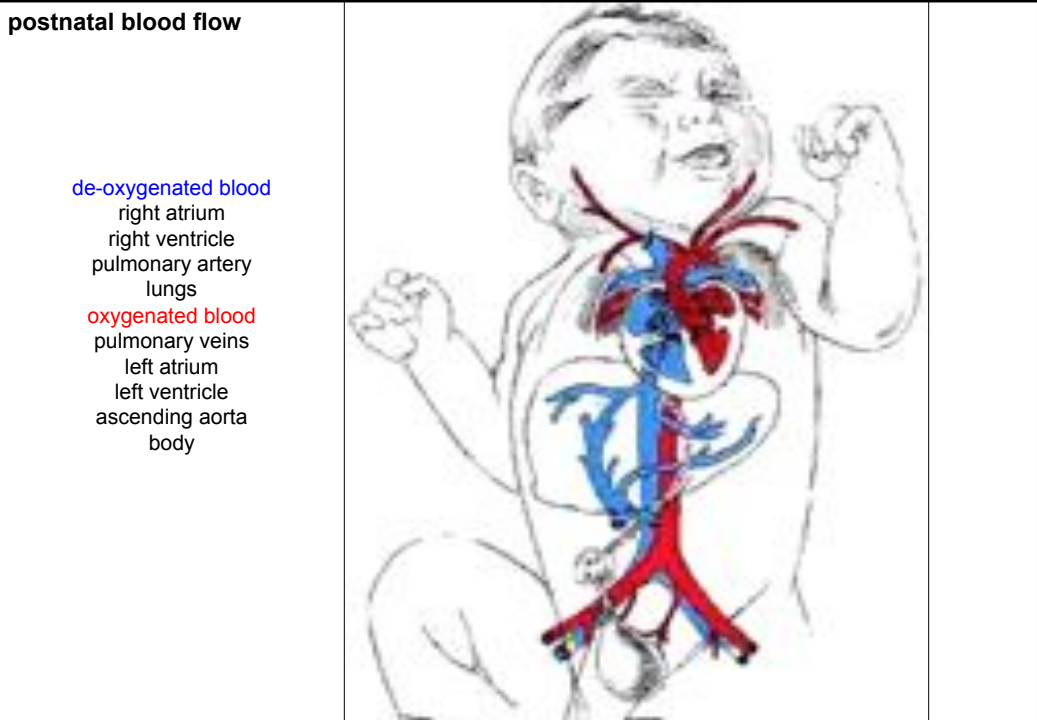


Mid 8th week (39 days)  
 Schoenwolf et al: Larsen's Human Embryology, 4th Edition.  
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**septation- atrial septation**



Early 7th week (43 days)  
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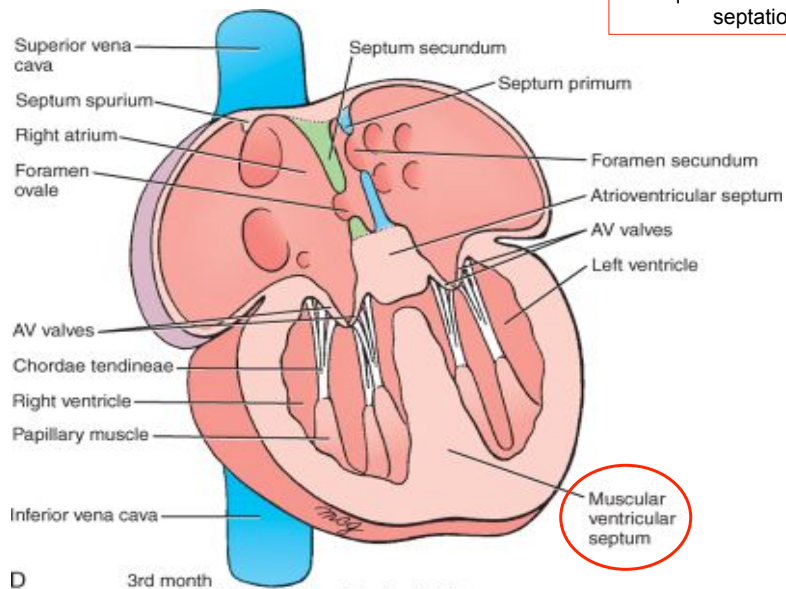




### changes at birth

- at birth, cutting the umbilical cord and changes in the lungs after the first breaths trigger major functional adaptations in the fetal circulatory system
- blood flow through ductus venosus is eliminated
- pulmonary circulation bed expands - reducing blood flow through ductus arteriosus
- physiological closure of interatrial shunt
- closure of ductus venosus in liver is prolonged

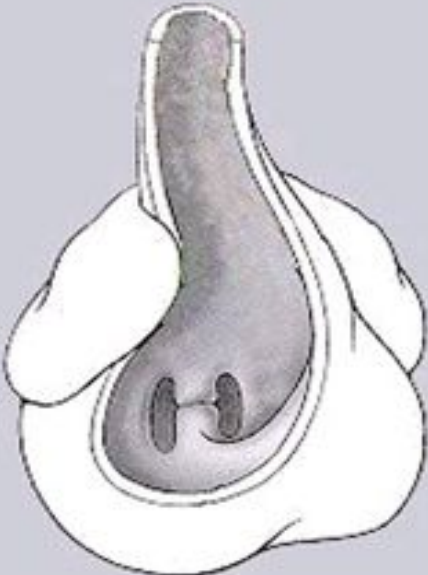
### ventricular septation      four chambered heart



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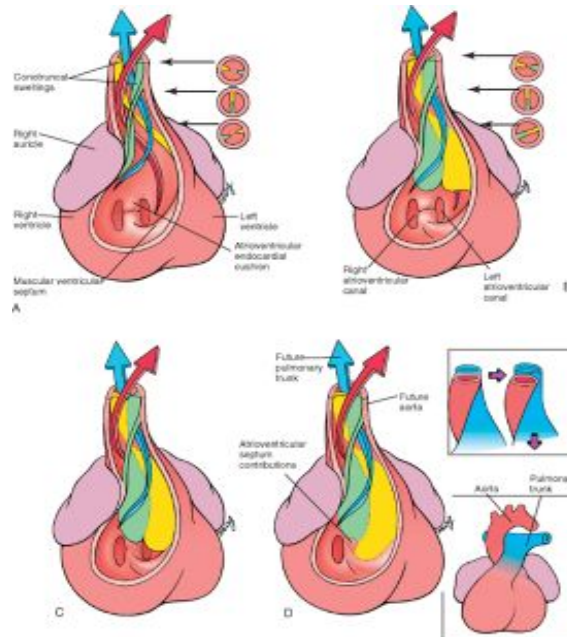
### outflow tract septation



- initially outflow tract is a single tube, the bulbus cordis
- elongates to form proximal conus arteriosus and distal truncus arteriosus
- 2 growths (endocardial cushion) from wall in spiral pattern, inferior upwards - separate tract into 2 channels
- mesenchyme and neural crest contribute to this septation process
- fusion of outgrowths separate aortic and pulmonary outflow

[http://php.med.unsw.edu.au/embryology/index.php?title=Development\\_Animation\\_-\\_Heart\\_Outflow\\_Septation](http://php.med.unsw.edu.au/embryology/index.php?title=Development_Animation_-_Heart_Outflow_Septation)

### outflow tract septation



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## Congenital Heart Disease (CHD)

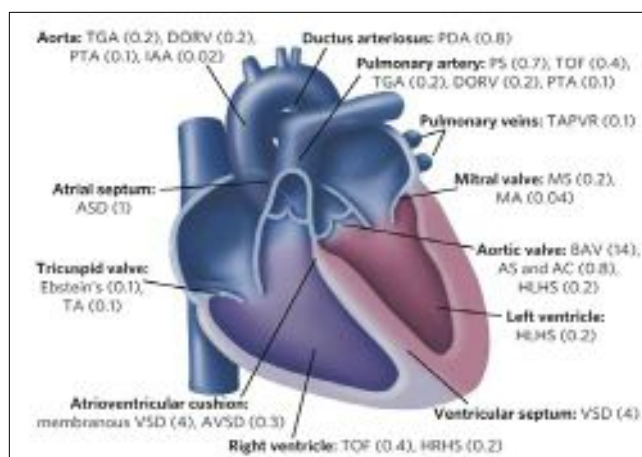
ASD: atrial septal defect  
 VSD: ventricular septal defect  
 AVSD: atrioventricular septal defect  
 DORV: double outlet right ventricle  
 TGA: transposition of the great arteries  
 PTA: persistent truncus arteriosus  
 TOF: tetralogy of Fallot  
 HLHS: hypoplastic left heart syndrome

[http://www.rch.org.au/cardiology/heart\\_defects/](http://www.rch.org.au/cardiology/heart_defects/)

### congenital heart disease (CHD)

6-27 per 1,000 live birth

**Australia  
2009**  
 72,800 fetal deaths  
 3066 CHDs  
 274,000 live births  
 1650-7400 CHDs  
 4 children  
 die each week



**Australia**  
 62,000 with CHD  
 50% >18yo  
 recurrence risk  
 to offspring  
 up to 6.7%

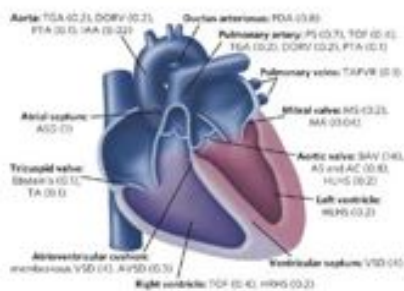
44 per 1,000 fetal deaths

Bruneau (2008) Nature  
 Hoffman (1995) Pediatr Cardiol

## genetic causes of CHD

- Chromosomal (11.9%) and Mendelian syndromes (7.4%) account for CHD
- Non-syndromic large families with Mendelian inheritance patterns have identified CHD genes: *ZIC3* (heterotaxy), *NOTCH1* (aortic stenosis and bicuspid aortic valve), *NKX2.5* (ASD), *NKX2.6* (PTA/CAT), *MYH6* (ASD), *MYH11* (PDA), *JAG1* (TOF), *ACTC1* (ASD) and *GATA4* (ASD)
- Non-Mendelian/non-chromosomal “sporadic” CHD account for the remaining 80%, the increased risk of CHD recurrence in siblings and offspring indicates a genetic component

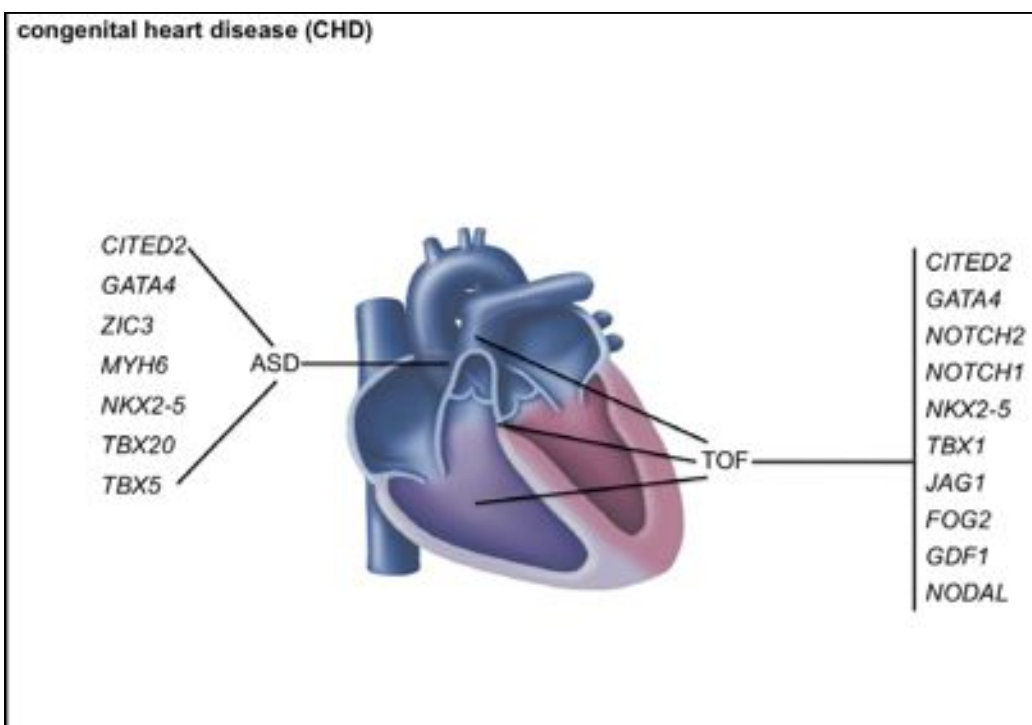
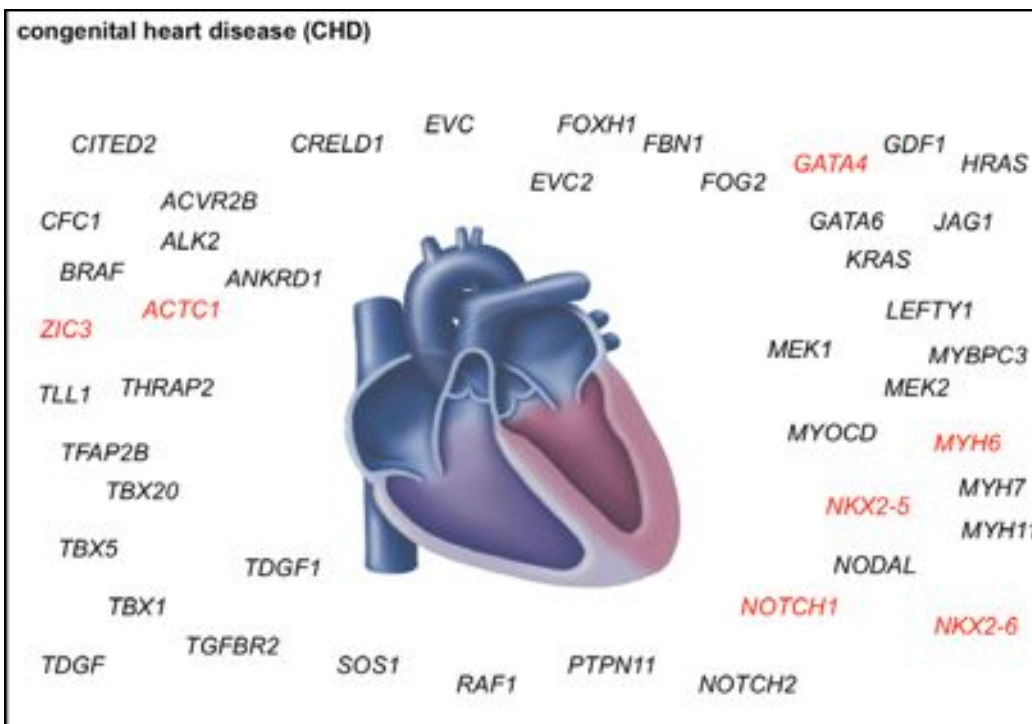
## congenital heart disease (CHD)



How do we identify the genes associated with these defects?

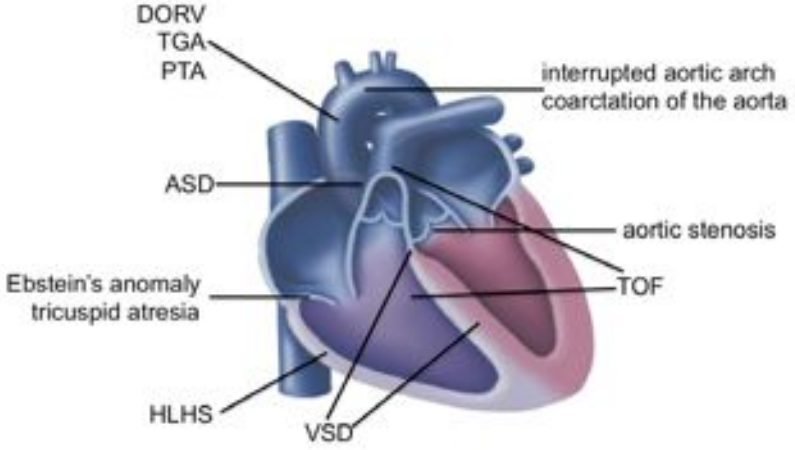
- familial: gene mapping
- non-familial: candidate gene
  - 316 genes associated with heart defects in mice
  - 276 genes associated with ASD in mice
  - 143 genes associated with VSD in mice
- understand developmental processes eg. SHF – OFT – aorta + pulmonary artery

Bruneau Nature 2008



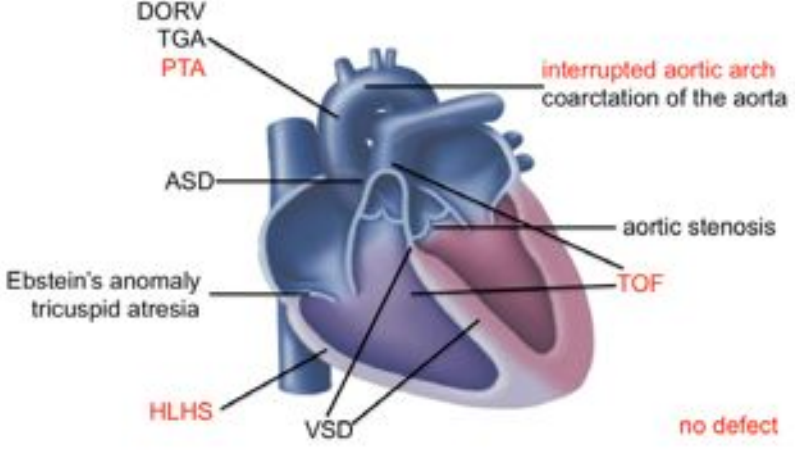
congenital heart disease (CHD)

**NKX2-5**

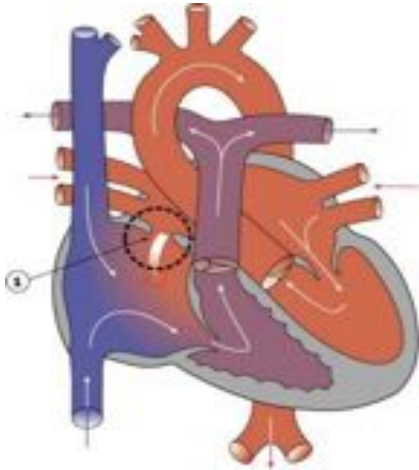


congenital heart disease (CHD)

**NKX2-5 R25C**



### atrial septal defect



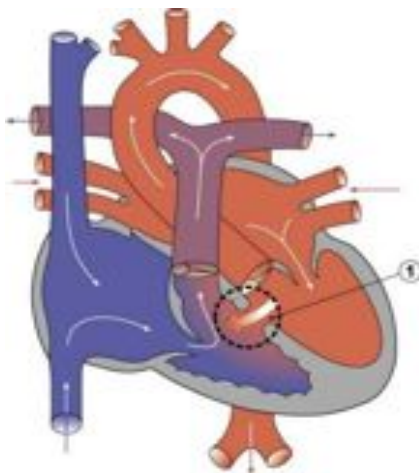
1/1,000 live births

<http://fromyourdoctor.com/topic.do?title=Atrial+Septal+Defect+ASD&t=7958>

Atrial Septal Defects (ASD) are a group of common (1% of cardiac) congenital anomalies defects occurring in a number of different forms and more often in females.

- patent foramen ovale - allows a continuation of the atrial shunting of blood, in 25% of people a probe patent foramen ovale (allowing a probe to bypass from one atria to the other) exists.
- ostium secundum defect.
- endocardial cushion defect involving ostium primum
- sinus venosus defect - contributes about 10% of all ASDs and occurs mainly in a common and less common form. Common ("usual type") - in upper atrial septum which is contiguous with the superior vena cava. Less common - at junction of the right atrium and inferior vena cava.
- common atrium

### ventricular septal defect

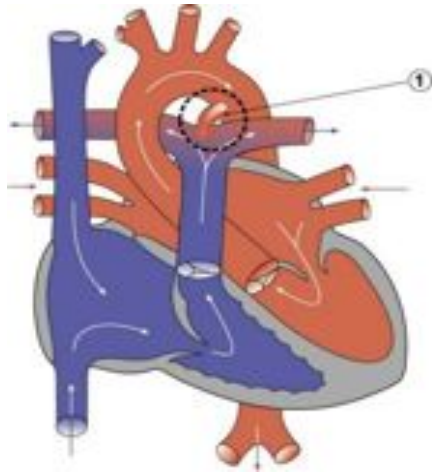


8/1,000 live births

The Ventricular Septal Defect (VSD) usually occurs in the membranous (perimembranous) (70%) rather than muscular interventricular septum, and is more frequent in males than females.

- Perimembranous defects are located close to the aortic and tricuspid valves and adjacent to atrioventricular conduction bundle.
- The defect allows left-right shunting of blood, this shunting depends upon the size of the defect.
- Small defects may close spontaneously, larger defects result in infant congestive heart failure.
- Clinically repaired by coils or tissue-adapted devices like muscular or perimembranous occluders.

### patent ductus arteriosus

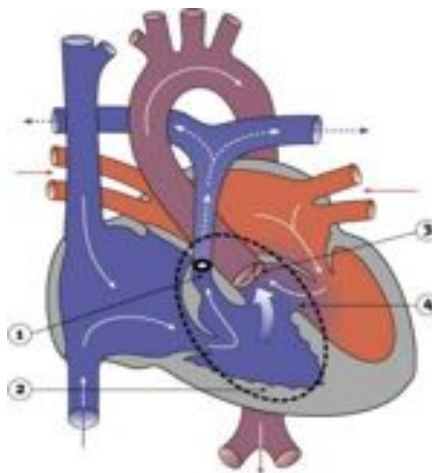


0.81/1,000 live births

Patent Ductus Arteriosus (PDA) occurs commonly in preterm infants, can close spontaneously (by day three in 60% of normal term neonates) the remainder are ligated simply and with little risk.

The operation is always recommended even in the absence of cardiac failure and can often be deferred until early childhood.

### tetralogy of Fallot



0.4/1,000 live births

Named after Etienne-Louis Arthur Fallot (1888) who described it as "la maladie blue" and is a common developmental cardiac defect.

The syndrome consists of a number of a number of cardiac defects possibly stemming from abnormal neural crest migration.

The basic defect in a tetralogy of Fallot is an asymmetrical fusion of the truncocoanal ridges and a malalignment of the aortic and pulmonary valves. This results in the typical 4 features seen in this defect:

1. pulmonary stenosis,
2. overriding aorta,
3. ventricular septal defect
4. right ventricular hypertrophy.



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Victor Chang Cardiac Research Institute

